Pets age faster than people

Age affects health. And one year in a pet's life equals many in yours. Find out how old your pet is in people years.

	age	0-20 lb	age	0-20 lb	20-50 lb	50-90 lb	>90 lb
		7	1				
	2	13	2	13		16	
	3	20	3		21	24	26
	4	26	4	26	27	31	34
	5	33	5	33	34	38	41
	6	40	6	40	42	45	49
	7	44	7	44	47	50	
	8	48	8	48	51		
	9	52	9	52			
	10	56	10				78
	11	60	11			72	86
	12	64	12			77	93
	13	68	13		74	82	101
	14	72	14	72	78	88	108
	15	76	15	76	83	93	115
	16	80	16	80	87	99	123
	17	84	17	84	92	104	131
	18	88	18	88	96	109	139
	19	92	19	92	101	115	
	20	96	20	96	105	120	
	21	100	21	100	109	126	
	22	104	22	104	113	130	
	23	108	23	108	117		
	24	112	24	112	120		
Î	0.5	440	0.5	440	404		

Charts courtesy of Fred L. Metzger, DVM, MRCVS, DABVP

Wellness visits for your pet's health



References

- symmetric dimethylarginine and creatinine as kidney function biomarkers in cats with chronic kidney disease. J Vet Intern Med. 2014;28(6):1676-1683.
- 2. Hall JA. Yerramilli M. Obare E. Yerramilli M. Almes K. Jewell DE. Serum concentrations of symmetric dimethylarginine and creatinine in dogs with naturally occurring chronic kidney disease. J Vet Intern Med 2016:30(3):794-802.
- 3. Data on file at IDEXX Laboratories, Inc. Westbrook, Maine USA.
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Why is your pet's routine wellness visit so important?

Routine wellness visits are a great way to help your pet live a healthy life for as long as possible. These visits can also help us catch potential health issues earlier and may help you avoid additional costs associated with treatments if disease goes undetected.

A typical wellness visit might include:

A physical exam

We look for changes in your pet's teeth, weight, joints, skin, and ears. These changes may be signs of illness.

Diagnostic screening tests

We check your pet's internal health. These results help us manage and track your pet's overall health.

A review of results

We look for changes in results from year-to-year. Changes can act as early warning signs of health problems.

What we look at during a visit and why



HEART AND LUNGS

Infection or disease can make it difficult for your pet's heart and lungs to deliver enough oxygen-rich blood to the body.



THYROID

If the thyroid glands aren't releasing the right amount of hormones, your pet's metabolism could be affected.



LIVER

Your pet's liver may have trouble managing proteins, fat, digestion, and waste. These problems could be caused by disease, a blockage or even medication.



BLOOD

A complete blood count (CBC) tells us if your pet is fighting an infection or has some bleeding problems. A blood test can also find diseases spread by ticks and mosquitoes.



PANCREAS AND INTESTINE

Problems with these digestive organs may be due to an inflamed pancreas, diabetes, or some types of cancers.



URINE

Urine tests tell us if your pet has problems like infection or stones in the kidneys or bladder. They can also tell us about some cancers.



KIDNEYS

SDMA* testing detects kidney disease earlier than other types of kidney tests.^{1,2} Results also reflect other diseases your pet may have that affect the kidneys.³



FECES

Fecal antigen testing tells us if your pet has parasites, such as worms. Other types of fecal tests may miss these common causes of intestinal infections, which can cause problems in people, too.

^{*}Symmetric dimethylarginine.